

Monday	Tuesday	Wednesday	Thursday	Friday	
Croissants with Cheese Apples  Chicken Tenders Potato Hashbrowns Mixed Vegetable  Veggies with Ranch Dip Bread Sticks	Bagel with Cream Cheese *Fresh Fruit  Baked Chicken Penne with Home-made Tomato Sauce Whole Grain Bread Cesear Salad  Home-made Muffins	Cereal with Milk  Home-made Shepherd's Pie Whole Grain Bread Garden Salad  *Fresh Fruit with Cheese Cubes Assorted Crackers	Raisin Bread *Fresh Fruit  Haddock Diced Potatoes Coleslaw Green Beans Apple Slices Goldfish Crackers	Yogurt with Granola Berries  Home-made Mini Meatloaf Scalloped Potatoes Green Peas  Bananas with Dry Cereal	<p><b>*Fresh Fruit</b> (May Include)</p> <ul style="list-style-type: none"> <li>• Strawberries</li> <li>• Raspberries</li> <li>• Honeydew</li> <li>• Watermelon</li> <li>• Peaches</li> <li>• Kiwi</li> <li>• Pineapple</li> <li>• Blueberries</li> <li>• Cantaloupe</li> <li>• Necterines</li> <li>• Grapes</li> <li>• Blackberries</li> </ul> <p><b>Note:</b> Water will be served for both snacks and lunch. Toddlers will be provided with 2% milk for morning snack</p>
Raisin Bread *Fresh Fruit  Cheese Tortellini with Home-made Tomato Sauce Whole Grain Bread Garden Salad  Cheese and Assorted Crackers	Croissants with Cheese Apples  Taco Rice Casserole (Peppers / Rice / Beef / Beans / Corn) Wraps  Apple Slices with Cinnamon Digestive Cookies	Yogurt with Granola Berries  Roast Beef Mashed Potatoes Turnip  Whole Grain Nachos Salsa	Cereal with Milk  Beef Barley Soup Turkey Sandwiches Whole Grain Bread  Pretzels Hummus & Cucumbers	Bagel with Cream Cheese *Fresh Fruit  Pizza Carrots & Cucumbers  Home-made Muffins	
Bagel with Cream Cheese *Fresh Fruit  Chicken Tenders Potato Hashbrowns Mixed Vegetables  Apple Slices Goldfish Crackers	Cereal with Milk  Home-made Lasagna Whole Grain Bread Cesear Salad  Melba Toast with Cream Cheese *Fresh Fruit	Croissants with Cheese Apples  Haddock Diced Potatoes Coleslaw Green Beans Veggies with Ranch Dip Bread Sticks	Yogurt & Banana  Ham Scalloped Potatoes Brown Beans Broccoli  Digestive Cookies Oranges	Cereal with Milk  Rotini with Home-made Bolognese Sauce Whole Grain Bread Garden Salad  Bananas with Dry Cereal	
Raisin Bread *Fresh Fruit  Sweet & Sour Meatballs Whole Grain Rice Corn  Pretzels Hummus & Cucumbers	Yogurt with Granola Berries  Pizza Garden Salad  Home-made Cookies	Hard Boiled Eggs Croissants  Beef Tacos with Lettuce Whole Wheat Wraps Sour Cream & Salsa  Apples with Cheese Assorted Crackers	Cereal with Milk  Roasted Turkey Mashed Potatoes Carrot / Turnip Blend  Whole Grain Nachos Salsa	Bagel with Cream Cheese Apples  Turkey Vegetable Soup Egg & Turkey Sandwiches  Home-made Muffins Oranges	



